**WHAT IF YOUR HOUSEMATE IS TESTED?**

- Housemate with symptoms goes into isolation while waiting for the test and the result.

**WHAT IF YOUR HOUSEMATE HAS CORONA?**

- Your housemate with corona stays in isolation.
- Your housemate with corona stays in isolation.

**Please be alert to see if you and other housemates develop symptoms. Be careful and responsible in your social contacts, for you have had contact with a potential corona patient!**

- If you get symptoms during quarantine, get yourself tested.

**HOME QUARANTINE**

- Home quarantine means staying at home for 10 days. This period starts from the moment you have last had contact with a positively tested person.
- You are not allowed to go outside.
- You must let other people do your shopping.
- You are allowed to sit in your garden or on your balcony.
- No one is allowed to visit you, except for medical help (for instance general practitioner, or GGD (Municipal Health Service)).

**ISOLATION**

- At least 7 days in isolation, starting from your first sick day. As soon as you have no more symptoms, you stay in isolation for 24 more hours. After that you can go out again.
- You are not allowed to leave your room.
- You must let other people do your shopping.
- Use your own toilet and bathroom if possible.
- Have your food taken to your room.
- No one is allowed to visit you, except for medical help (for instance general practitioner, or GGD (Municipal Health Service)).

**WHEN DO YOU TAKE A TEST?**

- No symptoms → No test!
- Cured from symptoms → No test!
- (Mild) symptoms → Test!

This poster is supported by Amsterdam’s student associations, study associations, student organisations and educational institutions.