**MOTIVATION FORM FOR EXCHANGE IN 2024-2025**

* *Keep in mind to fill out this motivation form yourself, in* ***your own words****. We want to know what YOUR reasons for going on exchange are, so we advise you to make it as personal as possible.*
* *Please refer to our score card on VU.nl or Canvas. There you can see how we score your application and find more information on our strict policy concerning the use of generative AI systems.*
1. **Personal details**

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| **First and last name**  |  |
| **Student number** |  |
| **Study programme at VU**  |  |

1. **General motivation FOR Exchange**  **(MAx. 2 POINTS)**

*Use a maximum of 200 words in total for this part. Write in English.*

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| **Why do you want to go on exchange?**  |
| **How would an exchange contribute to your academic and personal development?**  |

1. **Top 5 of universities (MAx. 2 POINTS)**

*Some important tips when creating your top 5 of universities:*

* *Read the information on the* [*VU Study Abroad Map*](https://mobility.vu.nl/) *for each university of your top 5 carefully.*
* *Important! Make sure there are sufficient courses available (in English or any other language you speak fluently) in your field of study. This is your own responsibility.*
* *You have to choose at least the majority of the courses* ***within*** *your own field of study.*
* *All courses that you take at universities within the EU (+ Norway, Iceland, Serbia and Turkey) must be part of your free choice component (vrije keuzeruimte) because of Erasmus+ programme regulations. An extracurricular exchange as part of the Erasmus+ programme is* ***not*** *an option.*
* *A top 5 is optional, but strongly advised. It is better to think seriously about an alternative destination now than at a later stage, as most universities will not be available anymore in the second application round.*
1. **First choice university: ................................**

*Please write in the* ***language of instruction*** *of the majority of the courses that you would like to take. Please note: you don’t have to ask for approval at the examination board at this stage. You will start the course approval process only after selection. The examination board will decide if you will receive credits for your courses.*

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| **Why do you want to go to this particular university? (max. 100 words)** |
| **Name at least 3 courses you would wish to take (please note that this is not your final list). Please add course codes and course web links (if possible) and check possible language requirements.****1.** **2.** **3.** [ ]  *I confirm that I checked the course and language requirements on the Study Abroad Map for this partner university*. *I confirm that I have found enough courses for my field of study in a language that I speak fluently (e.g. English).*  |

1. **Second choice university: ................................**

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| **Name at least 3 courses you would wish to take (please note that this is not your final list). Please add course codes and course web links (if possible) and check possible language requirements.****1.** **2.** **3.** [ ]  *I confirm that I checked the course and language requirements on the Study Abroad Map for this partner university*. *I confirm that I have found enough courses for my field of study in a language that I speak fluently (e.g. English).* |

1. **Third choice university: ................................**

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| **Name at least 3 courses you would wish to take (please note that this is not your final list). Please add course codes and course web links (if possible) and check possible language requirements.****1.** **2.** **3.** [ ]  *I confirm that I checked the course and language requirements on the Study Abroad Map for this partner university*. *I confirm that I have found enough courses for my field of study in a language that I speak fluently (e.g. English).* |

1. **Fourth choice university: ................................**

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| **Name at least 3 courses you would wish to take (please note that this is not your final list). Please add course codes and course web links (if possible) and check possible language requirements.****1.** **2.** **3.** [ ]  *I confirm that I checked the course and language requirements on the Study Abroad Map for this partner university*. *I confirm that I have found enough courses for my field of study in a language that I speak fluently (e.g. English).* |

1. **FiFTH choice university: ................................**

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| **Name at least 3 courses you would wish to take (please note that this is not your final list). Please add course codes and course web links (if possible) and check possible language requirements.****1.** **2.** **3.** [ ]  *I confirm that I checked the course and language requirements on the Study Abroad Map for this partner university*. *I confirm that I have found enough courses for my field of study in a language that I speak fluently (e.g. English).* |

1. **CV (MAX. 2 points)**

*Please note that you* ***do not*** *have to send us your CV.*

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| **Which two (intercultural) skills have you learned through your work experience or during your study programme, that could help you during your exchange? Please describe the two skills and explain how both of them will contribute to your exchange experience. (max. 200 words)** |

1. **OPTIONAL: BUddy/mentor programme at VU (max. 1 point)**

*During your studies at VU you can participate in several programmes to help other students. Some examples:*

* *VU International Office/ESN: Buddy programme for incoming exchange students*
* *Mentor programme of your faculty, e.g. the SAM programme at the School of Business and Economics*

*If you participated in one of these programmes during your studies at VU, please mention this below.*

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| **Which programme?** |  |
| **When (e.g. 1 Sept – 1 Dec 2023)?** |  |
| **What did you do?** |  |
| **What did you learn?** |  |