Evaluation Mentoring Program OBP 2022 - 2023 4th edition

Summary

With the exception of ACTA, IT and FGB, the faculties/supporting staff below participated in the mentoring program with 20 couples.

Average rating of the programme by mentees 4.7 and mentors 4.1 on a 5-point scale, based on a response rate of 70% of mentees and 80% of mentors.

Deelname

| Faculteit/supporting staff | Mentees | Mentors |
|----------------------------|---------|---------|
| Beta | 4 | 3 |
| SBE | 2 | 2 |
| C&M | 5 | 4 |
| FGW | | 1 |
| UBVU | 1 | 2 |
| HRM | 2 | 1 |
| FCO | 1 | |
| SOZ | 4 | |
| FRT | 1 | |
| IT | | 1 |
| BZ | | 5 |
| Totaal | 20 | 19 |

Gender

Mentees: 8 men (40%), 12 women (60%); Mentors: 8 men (40%), 12 women (60%).

Mentees – motives to participate:

Career planning and – strategy Prioritizing Work-life balance

Mentees - results

Career planning and – strategy Prioritizing Work-life balance Personal effectiveness Understanding customs at VU

Quotes:

'As a role model, my mentor showed very directly how he makes choices in certain areas' 'Coaching on styles in particular was very enjoyable and insightful'

Mentors - motives to participate

Social Responsibility (giving back to the academic community, younger generation, VU, society) Sharing experience and insights with younger colleagues Investing in new talent Diversity (gender)

Mentors – results

Insights in the challenges and obstacles within the VU Taking a look behind the scenes in another department Reflection on my own career Development of communication / coaching skills

Quotes:

'Insight into the challenges our organization sometimes poses to employees. A peek into another unit's kitchen, fun in supervision'

'Reflection on my own career. Development or sharpening of my own coaching skills'