

# How to kickstart a national biobanking infrastructure – experiences and prospects of BBMRI-NL

M. Brandsma, F. Baas, P.I.W. de Bakker, E.P. Beem, D.I. Boomsma, J. Bovenberg, B. Bueno-de-Mesquita, C. van Duijn, L.A. Kiemeny, O. Klungel, P.W. de Leeuw, F.E. van Leeuwen, J. Ridder-Numan, R.P. Stolk, P.E. Slagboom, M. Swertz, C. Wijmenga and G.J.B. van Ommen, on behalf of BBMRI-NL

Correspondence: Margreet Brandsma, LUMC, Department of Human Genetics, zone S-4-P, P.O. Box 9600, 2300 RC Leiden, the Netherlands  
E-mail: m.brandsma@LUMC.NL Telephone: +31 71 526 9412

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## INTRODUCTION: THE IMPORTANCE OF SCALE

Biobanking is essential for science-based health care solutions in the 21<sup>st</sup> century. In order to develop better diagnostics, treatments and cures for diseases a deeper understanding is needed of genetic and environmental pathways causing disease, including mechanisms that protect people from becoming ill. Scientific research aimed at these issues depends on the availability of a broad spectrum of high quality human biological samples related to health and disease, accompanied by clinical, environmental and lifestyle data. Biobanks provide these essential resources.

In 2006 the Royal Netherlands Academy of Arts and Sciences published the results of a foresight study on *Multifactorial Diseases in the Genomics Era*. The study focused on scientific opportunities in the causes, course and prevention of multifactorial chronic disorders, including the necessary research infrastructure. It concluded that in order to be successful an adequate amount of good quality biological material and data had to be available. It also concluded that existing biobanks in the Netherlands and Europe contained sufficient amounts of samples and data to perform more detailed analyses. In order to use these, biobanks had to be optimized and linked to each other. Data and material had to be made mutually comparable, necessitating optimization of phenotype descriptions and data registration, as well as standardization of quality and storage of biological material. In addition, legal and ethical aspects had to be clarified, sufficient funding had to be made available and the public had to be properly informed. Last but not least, opportunities for European collaboration had to be explored (1).

In the same year, the European Roadmap for Research Infrastructures was produced by the European Strategy Forum on Research Infrastructures (ESFRI). This provided a strong impulse for integration of biobanks at the European level. Creating a network of existing and new biobanks and molecular resources was identified as one of the priorities in the field of Biomedical and Life Sciences (2). The European biobanking community responded to this call in 2007 and the preparatory phase of the European Biobanking and Biomolecular Resources Research Infrastructure

BBMRI started at the European level in early 2008 with funding from the European Commission. In its preparatory phase (2008-2011), plans were developed for a distributed research infrastructure with operational units in all participating countries (3).

The Dutch National Roadmap for Large-scale Research Facilities which was published later in 2008 indicated the Dutch node of BBMRI, BBMRI-NL, as top-priority (4). It received 22.5 million Euros for its initial three year period from NWO, The Netherlands Organization for Scientific Research.

In this article we outline the Dutch experience in biobanking: how a national network of biobanks, BBMRI-NL, was set up in the Netherlands and the results achieved since its initiation in 2009.

## PARTICIPATING BIOBANKS

BBMRI-NL unites over 150 Dutch biobanks that contain materials and data from more than 500,000 individuals. BBMRI-NL does not initiate new biobanks or fund maintenance, but focuses on connecting, harmonizing and enriching existing and newly emerging biobanks (5).

The strength of BBMRI-NL lies in its broad spectrum of participating biobanks, ranging from specialized small-scale clinical to large, professionally operated population-based cohorts. Some of these were initiated several decades ago and contain valuable longitudinal information. Renowned examples are the Netherlands Twin Registry (6) and The Rotterdam Study (7).

The number of participating biobanks has steadily increased over the past two years, underscoring the field's enthusiasm for BBMRI-NL's approach. Initially 125 biobanks participated, with a total number of 395,063 participants. In the summer of 2011 this number had already increased to more than 150 biobanks (+20%) with a total number of 508,334 participants (+29%). Most of these biobanks also participate in BBMRI's 'catalogue of European disease-oriented biobanks' (8) and the international P<sup>3</sup>G network of population-based biobanks (9). All have DNA available, many also contain other types of biological material such as RNA, plasma, serum, urine or specific

**Table 1.** Overview of biobanks participating in BBMRI-NL (June 2011).

Topic	Number of biobanks	Number of subjects
Population, development, birth and growth	31	257,059
Aging (as specific focus; the above also cover older persons, ~30-40%)	3	6,859
Asthma, allergy	12	26,804
Cancer	23	38,991
Cardiovascular	23	101,451
Dermatology	3	450
Diabetes, metabolic syndrome, nutrition, storage disorders	10	6,857
Gastrointestinal and urinary system disorders	7	19,670
Infection, resistance	8	9,600
Hemostasis, thrombosis	5	6,760
Neurological, neurodegenerative	9	13,701
Rheumatoid disease	5	5,669
Psychiatric, behavioral	12	14,463
<i>Total</i>	<i>151</i>	<i>508,334</i>

**Table 2.** Three major complementary biobanking initiatives in the Netherlands.

Project	Aim
BBMRI-NL	Focus on enrichment and harmonization of <i>existing</i> biobanks to increase their scientific, economic and societal value, and improve accessibility and utility, e.g. by linking with other biobanks. Number of subjects included (2011): over 500,000, up to 20 years follow-up. Responsible for creating the Dutch national hub of BBMRI.
PSI	Focus on creating common processes and infrastructure in and between University Medical Centres (UMCs) highly integrated with the health care process; building a standardized clinical sample and data collection as a shared facility between UMCs.
LifeLines	Focus on building a professional, three-generation, population biobank infrastructure with national relevance and accessibility, based on a large population (165,000) from the North-Netherlands, to be followed during 30 years.

types of tissue. A general overview of the types of biobanks is presented in Table 1. A BBMRI-NL online catalogue with basic information on all participating biobanks is under construction (10).

Since 2007 the Dutch government has contributed to building a research infrastructure by awarding major grants to the String of Pearls Initiative (PSI) (11) and LifeLines (12), which have goals complementary to BBMRI-NL. The three initiatives work closely together. Their aims are described in Table 2.

## GOVERNANCE AND ORGANIZATION

BBMRI-NL is a national consortium, uniting the organizations that own the abovementioned biobanks. These are the eight University Medical Centres (UMCs), PSI, the Netherlands Cancer Institute, the National Institute for Public Health and the Environment (RIVM), VU University Amsterdam and Utrecht University Pharmaceutical Department. A consortium agreement describing the strategy and goals of the collaboration, governance, funding conditions and policies for handling issues related to intellectual property was signed by the boards of all parties. Scientific and strategic aspects are decided upon by a steering committee, with leading

scientists from all participating organizations as members. The committee had monthly meetings in the initiating phase. General progress and far-reaching strategic decisions are the responsibility of the Board of Governors, which consists of members of the boards of all participating organizations.

The core management of BBMRI-NL, formed by the authors of this article together with vice chairs of the steering committee Professor Bart Kiemeneij (UMC St Radboud Nijmegen) and Professor Cisca Wijmenga (Groningen UMC), is in charge of day-to-day operations. A small central office takes care of administrative issues and communication, including the website, the newsletter 'Hub' and the annual 'Connecting Biobanks' conference. In order to safeguard synergy with international biobanking initiatives, an International Scientific Advisory Board (ISAB), consisting of international experts and chaired by Professor Bob Löwenberg (Erasmus MC Rotterdam), counsels BBMRI-NL on strategic issues (13).

The four main pillars of BBMRI-NL are harmonization, enrichment, data management and analysis, and ethical, legal and societal issues (ELSI). Figure 1 illustrates the budget distribution among the four pillars.

**Table 3.** Example of the content of an imaginary ‘ideal biobank’.

Phenotypes	Biomaterials	Genotypes and other measurements
Clinical data	DNA	DNA sequences
Anthropometric data	Tissue-RNA	Genome Wide Association (GWA)
Lifestyle data	Plasma	Transcriptomics (expression data)
Environmental data	Serum	Proteomics
Medication	Cerebrospinal liquid	Metabolomics
Family history	Urine	Pharmacogenomics
Biomarkers	Faeces	Imaging data

## HARMONIZATION

Differences in sample and data collection, especially concerning phenotype data, can be an obstacle in large-scale cooperation between biobanks. The disparate ways to describe lifestyle aspects is a case in point. Differences in sample storage and database structure can cause compatibility problems. There may be legal differences to be considered as well. For example, the permissions obtained from participants may not cover the goals of a collaborative study. Harmonization therefore requires cooperation on various levels among professionals of a different background: scientists and clinicians, technicians and ICT professionals, epidemiologists and lawyers. Continuous efforts are needed to solve not only current problems, but also to make BBMRI-NL ‘future proof’.

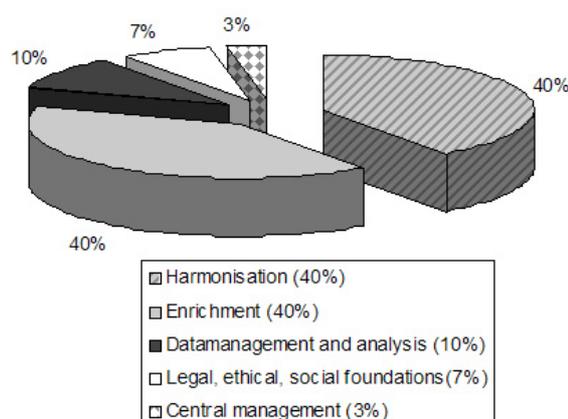
## ENRICHMENT

The ‘ideal biobank’ (Table 3) does not exist, since biobanks are always ‘work in action’. Their content needs to be continuously enriched with additional data and materials in order to increase their value for research. This can be achieved in various ways. Missing materials or data can be retrieved if other databases that include the same patient population exist. Pharmacological data for example may be stored in another database, or extra data can be found if the same patients participate in a clinical study. Enrichment can also be achieved through the application of bioinformatics, analyzing existing data to calculate (impute) missing information. The successful application of these techniques requires large numbers of samples, again underlining the importance of cooperation between biobanks.

## DATA MANAGEMENT AND ANALYSIS

Large efforts have already been made to develop tools and techniques for data management and analysis. In the near future, even more sophisticated ways to gain knowledge from data will be developed. BBMRI-NL invests in both hardware and software, and not least in talent, to optimise bio-informatics support for national and international biobanking and related biomedical studies. Through cooperation with the biobanking platform of the Netherlands Bioinformatics Center (NBIC) and the European ELIXIR infrastructure, smart solutions for complex problems are shared and put to use.

**Pillars of BBMRI-NL**



**Figure 1.** Budget distribution.

Within the European framework, the various challenges concerning privacy and pseudonymisation are being addressed.

## ETHICAL, LEGAL AND SOCIETAL ISSUES

The overall public opinion in the Netherlands, for instance about further use of human tissue remaining after diagnostic procedures, is largely favourable (14). BBMRI-NL builds on that trust, showing the benefits of biomedical research made possible through biobanking. Sensitive issues concerning privacy, the right to ‘opt-out’ from participation, various ethical implications and commercial use of data and materials must be addressed in a transparent way.

Every participating biobank has its own legal and ethical foundation, ensuring participants that their rights concerning their donated biospecimens and personal data will be respected. Large-scale cooperations like BBMRI-NL and BBMRI-EU add extra complexity to the legal and ethical issues that can be raised, for instance when combined data from different biobanks are scientifically analysed or biological materials are transferred abroad.

Biobanks share many legal and ethical issues. To prevent re-invention of the wheel BBMRI-NL is developing a legal platform for sharing guidelines and experiences, a Dutch ‘Legal Wiki’, following the European example. This is an interactive platform for

**Table 4.** Examples of BBMRI-NL Complementation projects.

Biobank	P.I.	Aim
Leiden Longevity Study (21)	Professors E.P. Slagboom, R.G.J. Westendorp (Leiden UMC)	Enrichment for joined GWAS with BBMRI biobanks on different specific phenotypes (metabolomics, glycomics, telomere size, longevity)
KOALA Birth Cohort Study (22)	Dr. Thijs (Maastricht UMC)	Enrichment with total and specific IgE antibody levels against airway-allergens in children and data harmonization with other biobanks focusing on asthma and allergy in the Netherlands and Europe.
EPIC-NL (part of the European Prospective Investigation into Cancer and Nutrition) (23)	Dr H.B. Bueno-de-Mesquita (RIVM)	Renovation of liquid nitrogen tanks, in order to improve safety, efficiency and access to samples.
Dutch Initiative on Crohn and Colitis (ICC) (24)	Dr R.K.Weersma (Groningen UMC)	Optimization of DNA-storage system and sample management and harmonization with the String of Pearls Initiative and LifeLines. Data harmonization of phenotypic characteristics and genotypic enrichment with Immunochip analysis.
PREVEND (25)	Dr R.T. Gansevoort (Groningen UMC)	Enrichment with clinical data and linkage to the Dutch national statistics agency. Database harmonization to improve interoperability of phenotype and genotype data, applying the minimal core data set for biobanks of the international P3G consortium.

sharing up-to-date knowledge about regulations, standards and ‘best practices’ relating to biobanks, coordinated by legal specialist Dr Jasper Bovenberg (15).

To help guarantee the protection of both biobank participants and scientific progress, BBMRI-NL represents the Dutch biobanking community in discussions on the development of new rules and regulations. For instance, a new Dutch law concerning human tissue is currently being developed which may greatly affect biobanking practice. BBMRI-NL has provided comments regarding the draft law to the Ministry of Health (16). Via the committee on research legislation of the Dutch federation of Biomedical Scientific Societies (COREON) BBMRI-NL has also been involved in the update of the ‘Code on good usage of bodily material’ (17). This self-regulation code, drawn up by professionals together with patient representatives, has recently been adapted to developments in biobanking.

Another issue demanding careful legal and ethical consideration is whether and how (individual) results from biobanking research can and should be shared with participants. Building on the experience of Dutch and international biobanks, a multidisciplinary team led by Professor Cécile Janssens from Erasmus MC Rotterdam will develop a joint strategy for return of results and communication with biobank donors (18,19).

#### COMPLEMENTATION PROJECTS – SMALL BUDGET, HIGH IMPACT

So what is BBMRI-NL’s approach for enrichment and harmonization of 150 Dutch biobanks? Aiming at building up a strong research-infrastructure, a project-based approach was chosen, with two main types of projects as building blocks.

First, following the establishment of BBMRI-NL, and noting the great and diverse need for a rapid boost

of quality, accessibility and interoperability, a round of *Complementation projects* was conceived. The aim of these projects is to strengthen the position of individual Dutch biobanks in collaborative efforts on a national and European scale. They focus on harmonization and/or enrichment, with a financial scope of 50,000 Euro per project for a period of one year. At relatively low cost and by a very rapid procedure (approximately three months), these projects provide a major impetus towards the availability of high quality data and material for BBMRI.

A first group of 43 *Complementation projects* was selected after a call for proposals in 2010, with a total budget of 2 million Euros. The aims of these projects fall roughly into three categories: (1) genomic enrichment and harmonization; (2) phenotypic enrichment and harmonization; and (3) harmonization of sample and data storage, management and accessibility.

Genomic enrichment is a major aim in 52% of the projects, ranging from isolation and quantification of DNA in biological material that is already available to Genome Wide Association analysis, construction of Tissue Micro-Arrays and Whole-exome sequencing. An equally important aim (56% of the projects) is enrichment and harmonization of phenotypic data, for instance by measuring blood-based biomarkers, determining lifestyle and environmental risk factors, including clinical data and linking to registries, such as pharmacy records. The third aim, involving 26% of the projects, is harmonization of sample and data storage, management and accessibility. Some projects combine different aims. A few examples of *Complementation projects* are listed in Table 4. A complete overview can be found on the website (20).

These projects are hugely popular, due to the low-threshold/high-need approach, and further rounds are

**Table 5.** BBMRI-NL Rainbow projects (November 2011).

Number	Title	Principal Investigators
1	Genome of the Netherlands (GoNL)	Professor C. Wijmenga
2	Dynamic bioinformatics infrastructures for biobank enrichment	Dr M. Swertz
3	A nation-wide functional genomics infrastructure enabling mechanistic insights into complex disease phenotypes	Dr B. Heijmans, Dr L. Franke, Dr A. Isaacs, Dr R. Jansen
4	Infrastructure for the application of metabolomics technology in epidemiology	Professors P.E. Slagboom, D.I. Boomsma, C. van Duijn
5	A national infrastructure for linkage of biobanks to medical and socioeconomic registries: an integrative approach	Professor J.H. Smit, Dr O.H. Klungel
6	Towards a joint strategy for the return of results and optimal communication with biobank donors	Professor C. Janssens
7	Linking tumor tissue samples to Dutch cohort studies for advancing molecular pathological epidemiology	Professor P.A. van den Brandt
8	Dutch National Tissue Portal (DNTP)	Professor G.A. Meijer, Dr F.J. van Kemenade, Dr L.I.H. Overbeek
9	Nutritional enrichment and harmonization of the Dutch Cohort Infrastructure	Dr H.B. Bueno-de-Mesquita

foreseen. The success is partly due to the virtual lack of funding for this type of infrastructural upgrading from other sources, since it is not directly linked to specific research questions. Nevertheless, a number of scientific publications as a direct result of these investments are already underway and we expect many more, including possible clinical applications.

Taken together these relatively small projects have a major qualitative and quantitative impact, enriching and harmonizing over 300,000 samples in over 40 Dutch biobanks, all part of the national infrastructure and involved in at least as many European and international networks.

### RAINBOW PROJECTS – A NATIONWIDE APPROACH

BBMRI-NL *Rainbow projects* aim at harmonization and enrichment, not of individual biobanks, but on a national scale. The financial scope of these collaborative efforts of biobanks and research centres generally falls between one to two million Euros.

An example is ‘Genome of the Netherlands’ (GoNL). The aim of this project, which started in 2010, is to determine the genetic profile of the Dutch indigenous population by DNA-sequencing of 750 Dutch individuals, 250 trios of two parents and an (adult) child. GoNL is a consortium of five UMC’s, led by Professor Cisca Wijmenga from Groningen. The sequencing work is done by BGI Hong Kong. The trio-based design coupled with intermediate coverage sequencing enables the generation of a high-quality reference panel for imputation in Dutch GWAS data sets, the development of novel tools for family-based sequencing studies, and an unprecedented level of accuracy of the haplotypes for population genetic analyses.

A second Rainbow project ‘Dynamic Bioinformatics’, which is closely linked to GoNL, aims to build a national infrastructure for data management and analysis by harmonizing bioinformatics methods,

databases, software and formats. Dutch biobanks are enriched with new models, software and tools for next generation sequencing data with scalable data archives, flexible and large scale processing pipelines and easy-to-connect systems for data exchange. Five UMC’s are involved in this project, as well as the Netherlands Bioinformatics centre (NBIC) and the String of Pearls Initiative. Project leader is Dr Morris Swertz from Groningen UMC. The project is interlinked with European and global efforts such as P3G, EBI, ELIXIR, ENGAGE and BioSHaRE-EU.

Other Rainbow projects aim, for instance, at linkage of biobanks to medical and socio-economic registries, at building an infrastructure for harmonization, processing and analysis of metabolomics data from different platforms in biobank material or at creating nationwide functional genomics database with genome-wide genetic, transcriptomic and epigenomic data in Dutch biobanks. An overview is given in table 5.

### PROSPECTS

BBMRI’s next challenge will be to consolidate the infrastructure at the European level by becoming a European Research Infrastructure Consortium (ERIC) (26). The Dutch government has committed itself to becoming a partner in this European legal entity by signing a Memorandum of Understanding (MoU).

Another major challenge will be to facilitate the development of clinical applications. Although in general Dutch citizens and patients are highly motivated to participate in biobanking efforts for scientific and medical purposes, they show a much more critical attitude towards providing material and data to commercial parties (14). A transparent policy is essential to safeguard the trust of patients and citizens (27) BBMRI-NL will follow the concept of ‘Expert Centres’ which has been developed by BBMRI at the European level and aims at establishing public-private partnerships in the pre-competitive, not-for profit field.

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